

DR. EFRAT LAMANDRE PHD, FNP-C

Efrat LaMandre owns and operates her own Medical practice, **EG Healthcare**, which provides pediatric, adult and geriatric care to over 20K patients. In addition to her primary care practice, she has taken conventional medicine to the next level with her signature process **The Knew Method**.



The Knew Method helps patients **take control** of their health destiny using a **Functional Medicine Approach** that empowers them to finally realize that **their symptoms are not in their head**. As a result, she helps people optimize their health, prevent illness, reduce medication and feel great.

Dr. E is **co-chair** of the Staten Island Hospital **Board of Trustees**. She also serves as the **President of the Nurse Practitioner Association** State Board. In addition, she is **Clinical Faculty** at **Wagner College**. She is also the Primary Care Provider for the City University New York, **College of Staten Island** Athletic Department.

Efrat owns a Medical Scribe company, **Hawk Scribes**, that allows providers to focus on their patients instead of charting.

Dr. E is also a public speaker and offers consulting services to other nurse practitioners who are opening up their own practices.

TOPICS FOR SPEAKING ENGAGEMENTS

- UNLOCKING THE SECRET TO YOUR HEALTH
- THE HEALTH OF YOUR BUSINESS STARTS WITH YOU
- YOUR SYMPTOMS ARE NOT IN YOUR HEAD
- WHAT YOU CAN DO TO PREVENT ALZHEIMERS
- INFLAMMATION: THE ROOT CAUSE OF EVERYTHING
- IS IT YOUR AGE OR IS IT REALLY SOMETHING ELSE
- LEAKY GUT
-AND MANY MORE

MEDIA CONTACT

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