

# EG Healthcare

## DR. EFRAT LAMANDRE, PHD, FNP-C

Efrat LaMandre is a **Family Nurse Practitioner** who owns and operates her own Family Medical practice, **EG Healthcare**. Dr. E and her staff pride themselves in serving the entire community including the **underserved population and is LGBTQ inclusive**.

Her practice provides Pediatric, Adult and Geriatric medical care. Additionally her practice offers **House Calls for senior patients** who need primary care in the safety and comfort of their own home

Her practice consistently meets and **exceeds industry standards** and has achieved the honor of PCMH status indicating excellence in patient care.

Dr. E also has an **Integrative Medicine** practice called **The Knew Method**, where she empowers patients to take control of their health destiny. Additionally she owns a Medical Scribe Company called **Hawk Scribes** that allows providers to focus on their patients instead of their charts.

Efrat is co chair of **Staten Island University Hospital Foundation Board of Trustees** and also serves as the **President of the Nurse Practitioner Association State Board**. In addition, she is Clinical Faculty at **Wagner College**, and the Primary Care Provider for the **City University New York, College of Staten Island Athletic Department**.

Dr. E is also a **public speaker** and serves as a **consultant** to other nurse practitioners who are opening up their own practice.



**MEDICAL +  
ENTREPRENEUR**

### TOPICS FOR SPEAKING ENGAGEMENTS

- **UNLOCKING THE SECRET TO YOUR HEALTH**
- **THE HEALTH OF YOUR BUSINESS STARTS WITH YOU**
- **YOUR SYMPTOMS ARE NOT IN YOUR HEAD**
- **WHAT YOU CAN DO TO PREVENT ALZHEIMERS**
- **OUR CURRENT HEALTHCARE SYSTEM - HOW DID IT GET THIS WAY?**
- **....AND MANY MORE**

### MEDIA CONTACT

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